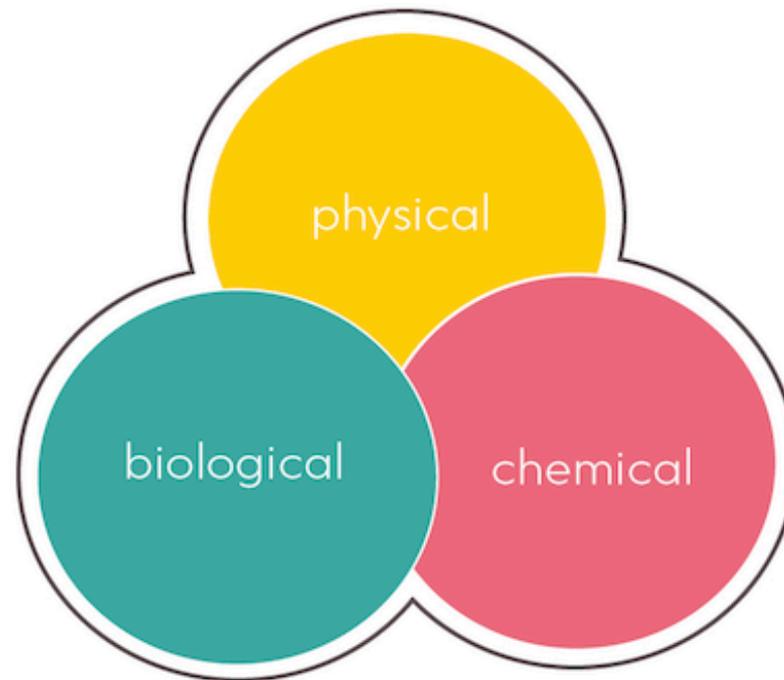
A large soil profile cut in a field, showing various soil layers and a person standing at the bottom for scale. The soil is dark brown and layered, with a person in a blue jacket standing at the base of the cut. The background shows rolling green hills under a cloudy sky.

# Digging into Soil Health

Jessica Chiartas, PhD Candidate  
UC Davis, Soils & Biogeochemistry

# What is soil health?

soils are the foundation of nearly every ecosystem on the planet. the functions that soils fill provide ecosystem services that allow for healthy plants, healthy people, and a healthy planet



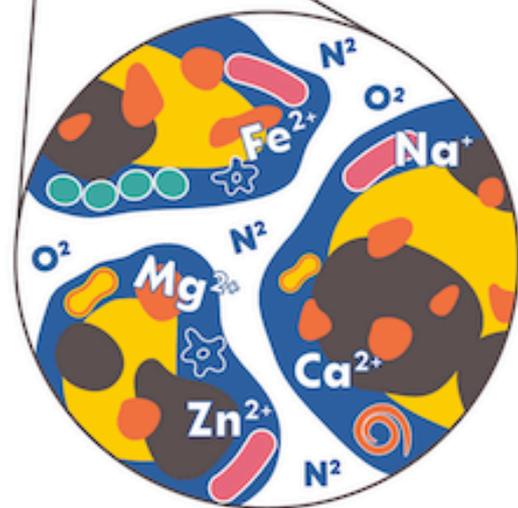


"the continued capacity of soil to function as a vital living system, within ecosystem and land-use boundaries, to sustain biological productivity, maintain the quality of air and water environments, and promote plant, animal, and human health"

Doran et al., 1996



## what is soil?



45% mineral

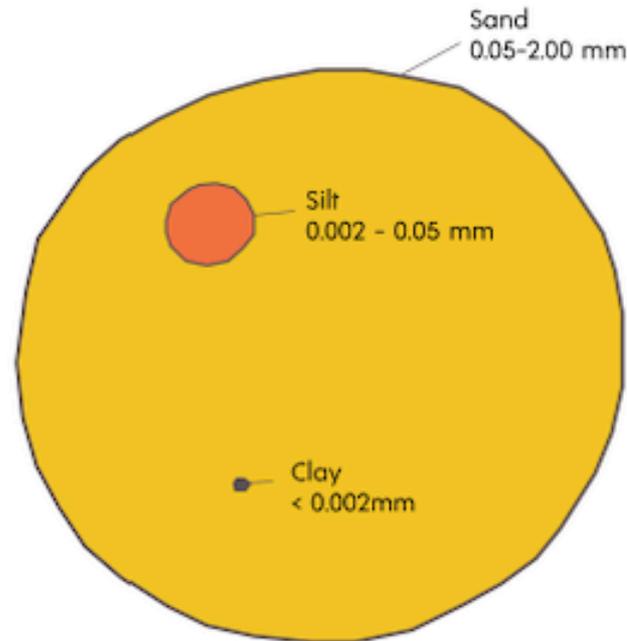
25% air

25% water

5% organic matter  
(0.05% living microbes)

the "solid ground" we walk on is actually only about 50% solid: 40-49% **mineral** and 1-10% **organic** matter. the remaining 50% is pore space filled with either **air** or **water** and the organisms that inhabit it.

# Soil Texture



the mineral particles that make up soil are classified by size into **sands**, **silts**, and **clays**.

the proportion of these three particles determine the **texture** of the soil -- how it feels in our hand, how water moves through it, how fertile it is, and much, much more!

# Soil Structure



granular



blocky



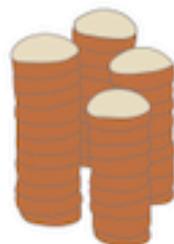
platy



wedge



prismatic



columnar



massive



single grain

the way these structural units stack together determines the size, shape, and distribution of pore space within the soil profile. the density of the individual soil particles and the amount of empty space within and between them determines the overall, or bulk density, of the soil.

# Aggregation



as time goes on and soils develop,

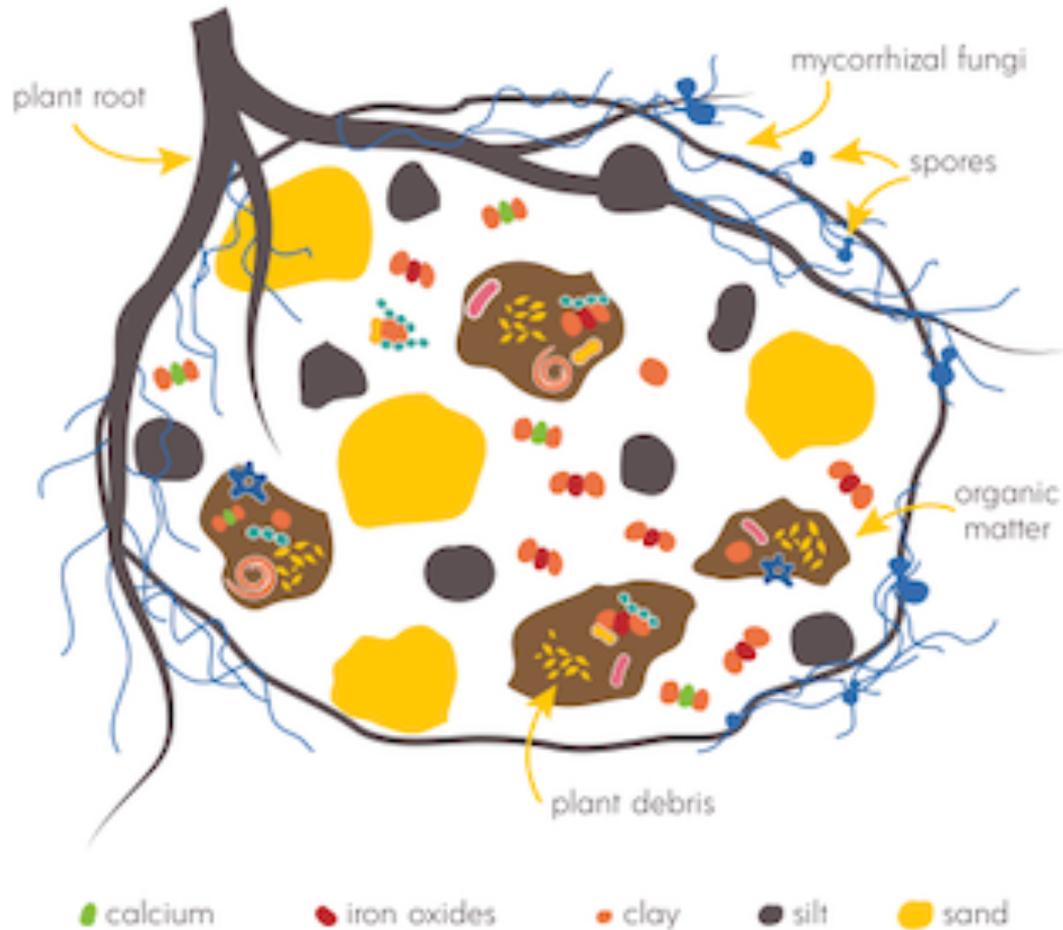
supporting  **plants**,  **microbes** and  **insect life**, organic and

mineral particles piece together to form  **aggregates**,

building  **structure**, providing  **homes** for microbes, and allowing

 **air** and  **water** to flow freely.

# What is an aggregate?



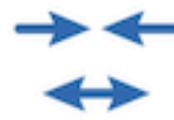
# How do they form?



freeze/thaw  
cycles



wet/dry  
cycles

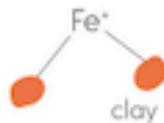


shrink/swell  
cycles

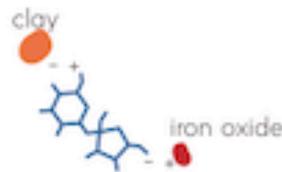


tillage

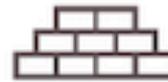
## chemical



metal  
bridging



organic-mineral  
complexes



silica &  
carbonates

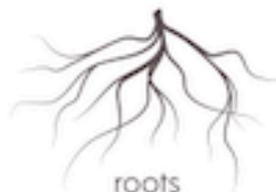


exudates

## biological



earthworms



roots



bacteria

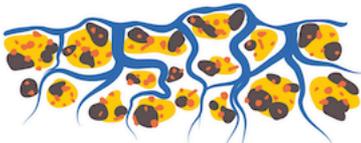


fungi

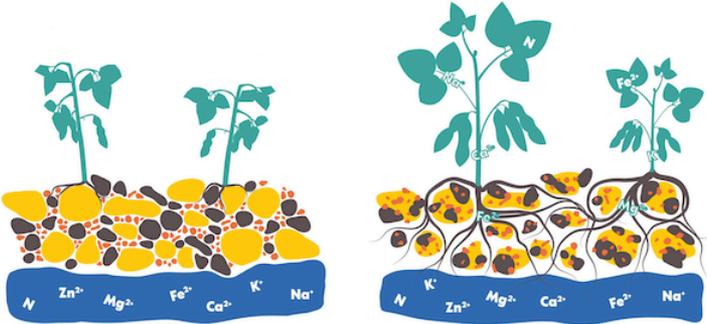
# Benefits of Aggregation



poorly-aggregated

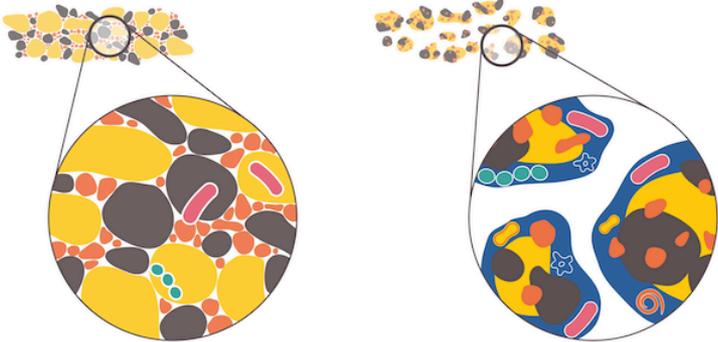


well-aggregated



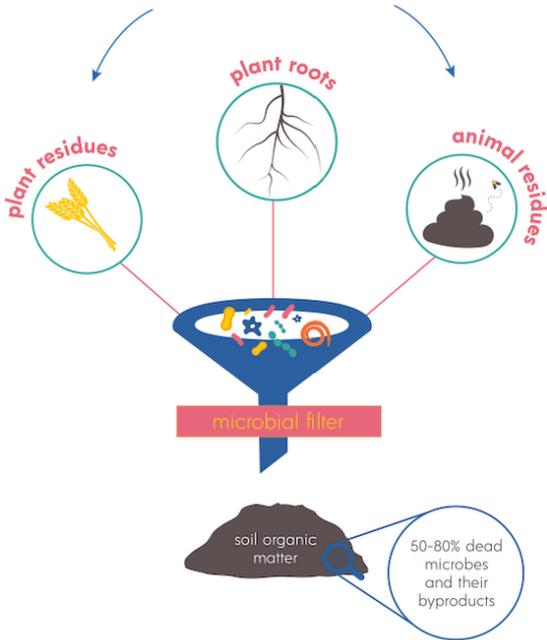
well-structured soils allow water to infiltrate, relieving the risk of flooding and erosion, and increasing the return of water to the aquifer.

well-structured soils allow roots to penetrate deep, accessing water and nutrients and supporting healthy plant growth.

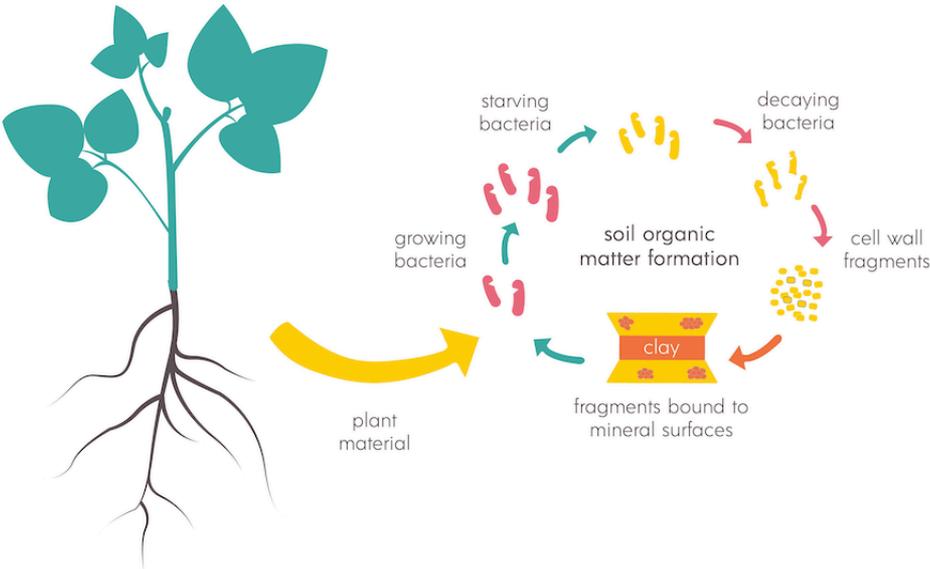


well-structured soils provide an optimal environment for soil microbes, providing food, shelter, and other resources .

# Building SOM



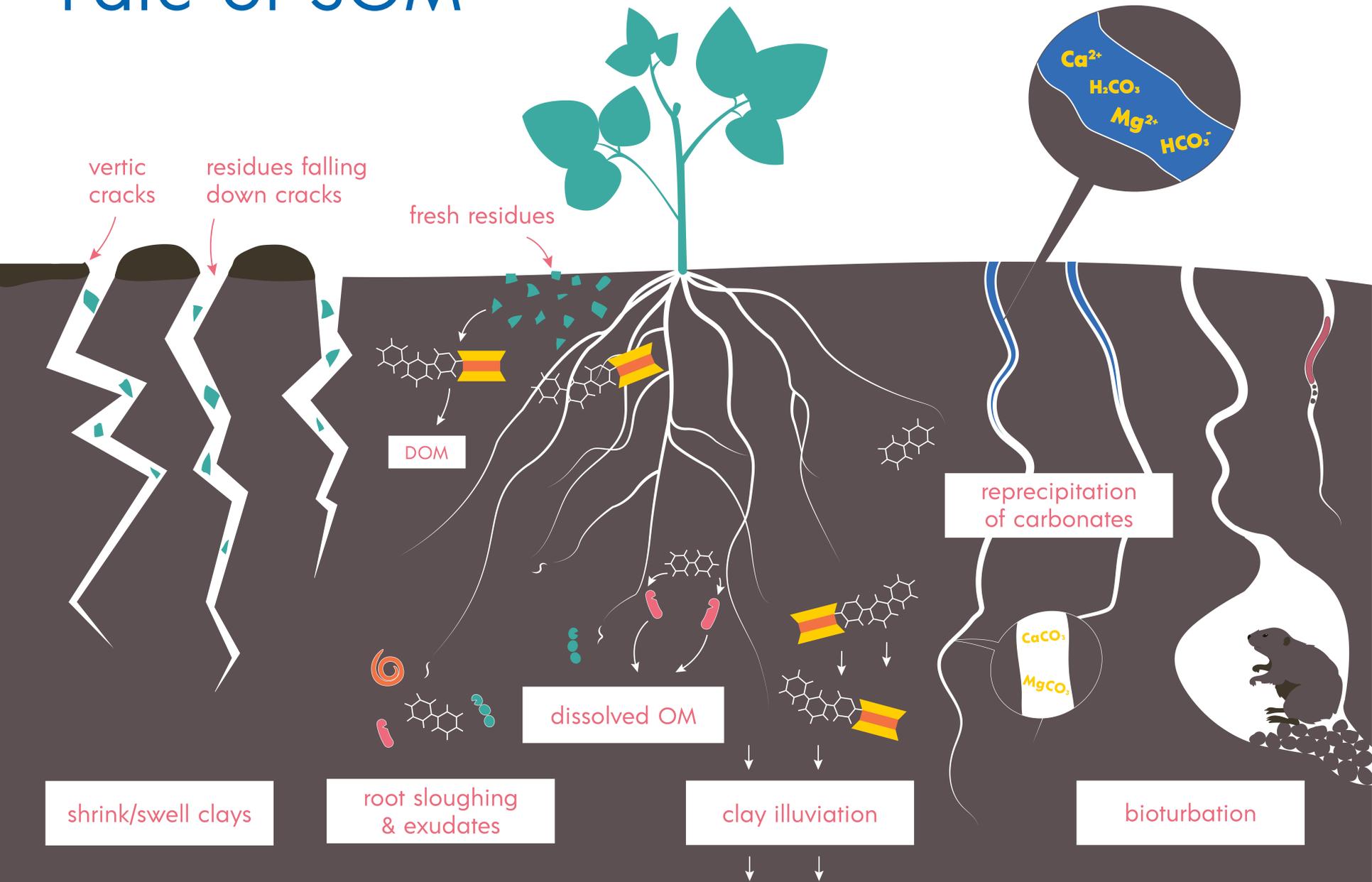
50-80% of soil organic matter (SOM) is simply dead **microbial bodies**. If you want to increase **SOM**, then you must build microbial biomass. If you **feed them**, they will come!



while roots and residues are both important microbial foods, **roots are easier to break down**, forming more microbial biomass, and sticking around longer as soil organic matter.



# Fate of SOM



# Measuring Soil Health

physical



Texture



Bulk Density

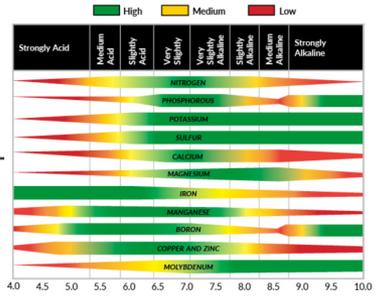
chemical



Soluble Salts



pH

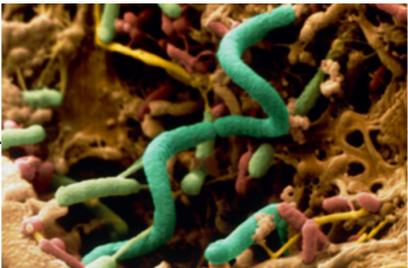


Nutrient Analysis

biological



Organic Matter



Microbial Biomass\*

# Measuring Soil Health

performance indicators



Infiltration Rate  
Double Ring Infiltrometer



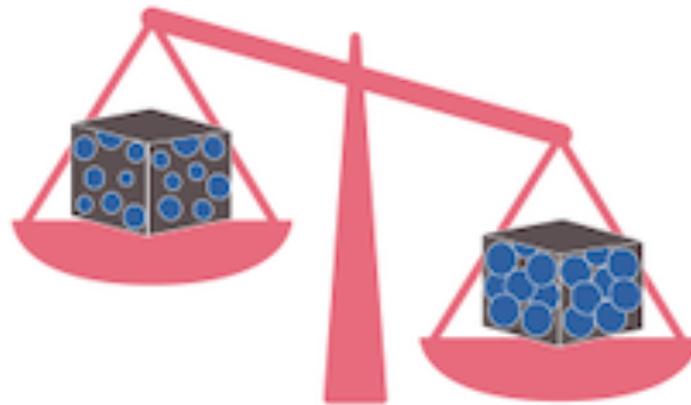
Aggregate Stability  
ARS Wet Aggregate Stability



Surface/Subsurface  
Hardness  
Penetrometer

# Bulk Density

dry weight of soil / unit volume



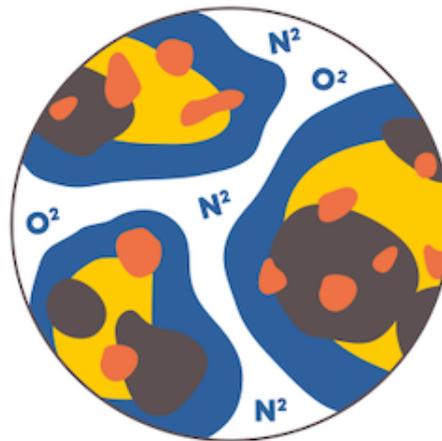
in general, the lower the number, the more space for air and water to flow, while the greater the number the more compacted the soil

# Why it is important?

Indicates the amount of pore space through which water, air, microbes, and nutrients can flow!

$\text{Bulk Density/Pore Density} \times 100 = \% \text{ solid space}$

$100\% - \% \text{ solid space} = \text{pore space}$



# Why it is important?



Allows you to convert  
**concentrations** (or  
percentages) of soil  
carbon to total **stocks**.

$$\% \text{ Carbon} \times \text{Sampling Depth (m)} \times \text{Bulk Density (Mg/m}^3\text{)} = \text{Total C (Mg/ha)}$$

# Principles of Soil Health

1. Keep it **active!**
2. Keep it **diversified!**
3. Keep it **balanced!**
4. Keep it **hydrated!**
5. Keep it **covered!**

# 1. keep it active and well-fed!

healthy soil needs its exercise.



instead of leaving fields to rest or lay "fallow," keep plants in the ground year round and capitalize off all that free solar energy!



this provides a steady stream of fuel to power up your resident microbes, keeping them active & happy.



carbon from root inputs sticks around much longer than carbon from plant residues, helping to increase soil organic matter.

## 2. keep it diversified!

a teaspoon of healthy soil contains billions of microorganisms!



soils not only boast  $\frac{1}{4}$  of the world's biodiversity, they hold the greatest concentration of biomass anywhere on the planet!



bacteria



algae



microscopic insects



earthworms



beetles



ants



mites



fungi

although **living microbes** make up only **-0.5%** of the entire soil, **dead microbes** make up **50-80%** of soil organic matter.

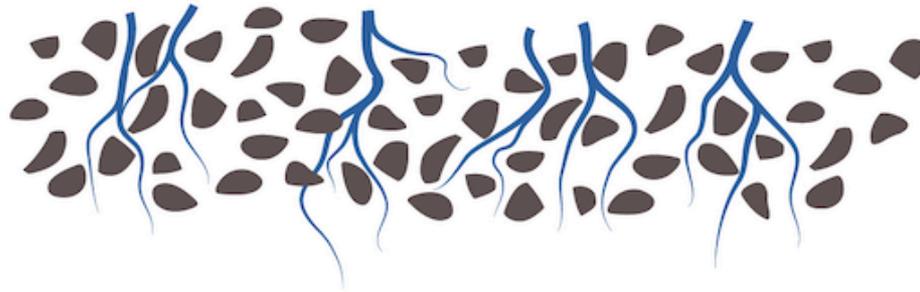
microbes are the filter through which  
**rich, dark, stable**  
soil organic matter is formed!



### 3. keep it balanced!

healthy soil has room to breathe.

about half of a soil's volume should consist of open pore space, allowing air and water to flow freely.

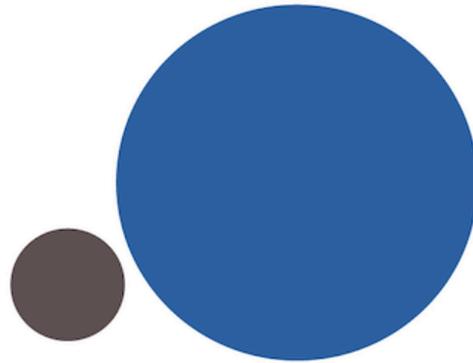


an ideal breakdown would include:

25% water, 25% air, 45% mineral  
and 5% organic matter

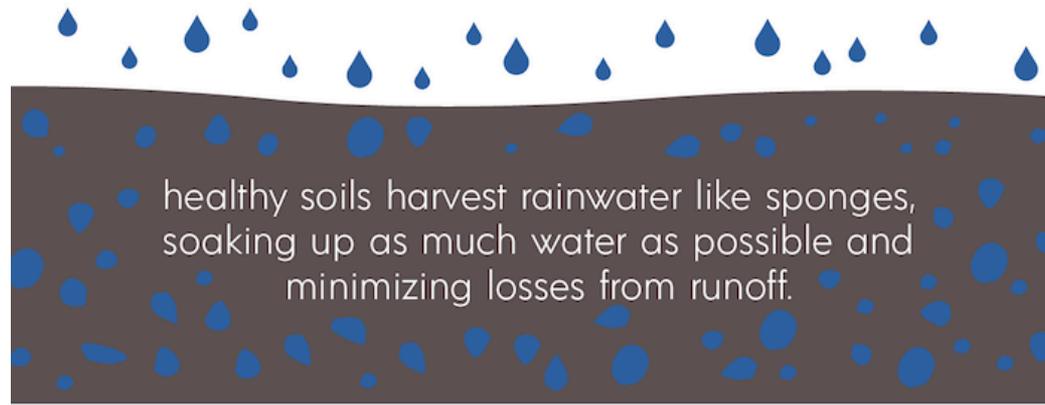
#### 4. keep it hydrated!

healthy soil carries weight.



soil organic matter holds approximately  
**10 times** its weight in water.

for every 1% increase in soil organic matter, a soil can hold up  
to 1 extra inch — or 20,000 extra gallons — of water/acre.



healthy soils harvest rainwater like sponges,  
soaking up as much water as possible and  
minimizing losses from runoff.



## 5. keep it covered!

healthy soils need full-time coverage.



seeding with a "cocktail mix" of 6-12 different plants provides diversity above-ground, which breeds much needed diversity below-ground.



including legumes in your cocktail allows microbes to pull nitrogen out of the atmosphere and into the soil — free fertilizer for your cash crop.

currently, only ~5% of farms and 1% of total cropland utilizes cover crops, so there is only room to grow!

# Ways to Add Organic Matter



Mulch & other organic material



No/  
Reduced  
Till



Cover Crops



Clover: Nitrogen fixer



Brassicas: preplant biofumigant



Photo credit: Tablas Creek Vineyard

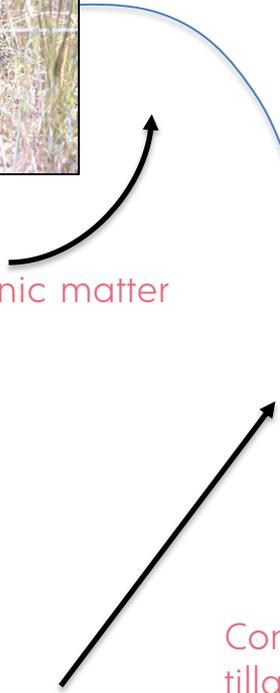
Apply Compost

# Schematic of Soil Organic Matter over Time in Agricultural Setting

Original land use



Soil organic matter content



Processes that lead to soil degradation



Photo Credit: L. Jackson



Photo Credit: Steenwerth



Photo Credit: Mitchell, CASI

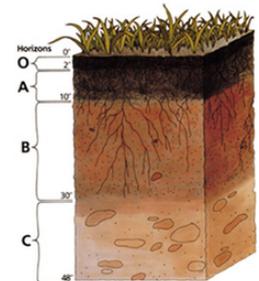
No Till + Cover Crop

Reduced tillage + Cover Crop

Conventional tillage + Cover Crops

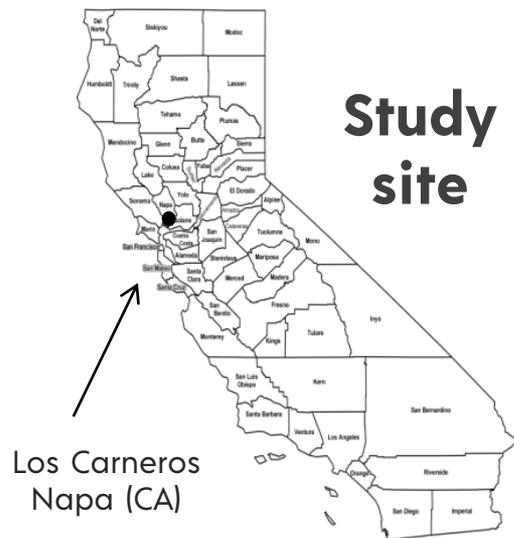
Intervention

Lag phase



# SOIL MANAGEMENT IN A WELL DEVELOPED VINEYARD SOIL: LINKING BIO-PHYSICO-CHEMICAL PROPERTIES OF AGGREGATES AND ORGANIC MATTER

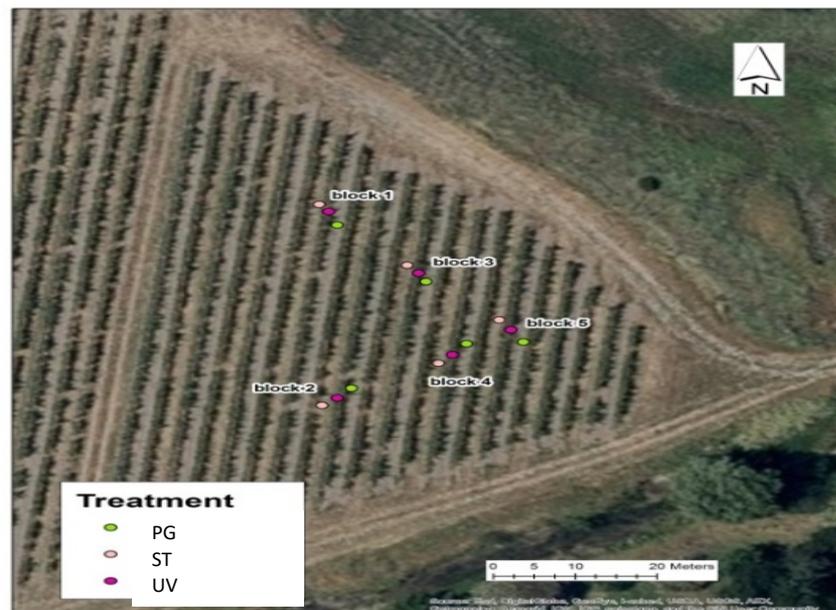
*Belmonte et al. in press, Pedosphere*



Typic  
Haploxerult  
Haire series



## Pinot noir, clone 2A on 1103P



SOIL MANAGEMENT IN A WELL DEVELOPED VINEYARD SOIL: LINKING  
BIO-PHYSICO-CHEMICAL PROPERTIES OF AGGREGATES AND ORGANIC MATTER



PERMANENT  
GRASS (PG)



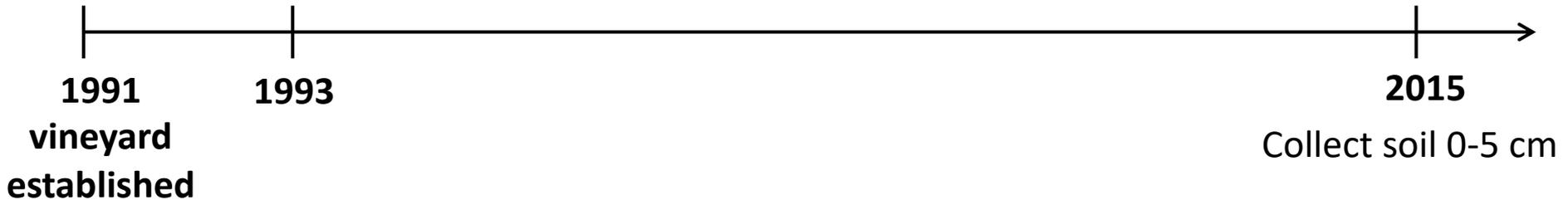
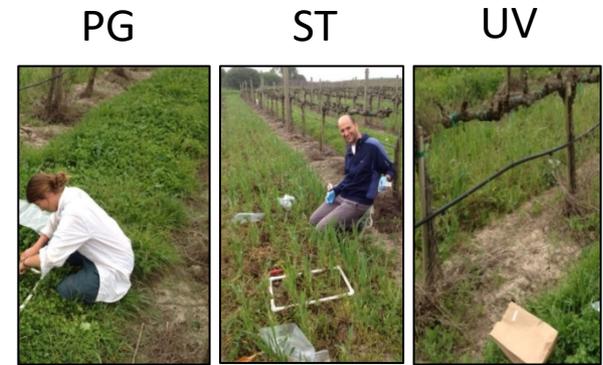
SOWN  
TILLAGE (ST)



UNDER VINE  
(UV)

SOIL MANAGEMENT IN A WELL DEVELOPED VINEYARD SOIL: LINKING  
BIO-PHYSICO-CHEMICAL PROPERTIES OF AGGREGATES AND ORGANIC MATTER

*Napa RCD, Carneros Region near H-12 and Duhig Rd.*



**VEGETATION CHARACTERISTICS**

- Aboveground biomass
- Root biomass
- Aboveground C and N
- Root C and N

**CHEMICAL PROPERTIES**

- TOC, TN
- $\text{NO}_3^-$ -N,  $\text{NH}_4^+$ -N
- Water extr. OC (WEOC)
- Water extr. ON (WEON)
- Exchangeable cations ( $\text{K}^+$ ,  $\text{Mg}^{2+}$ ,  $\text{Ca}^{2+}$ ,  $\text{Na}^+$ )

**BIO-CHEMICAL PROPERTIES**

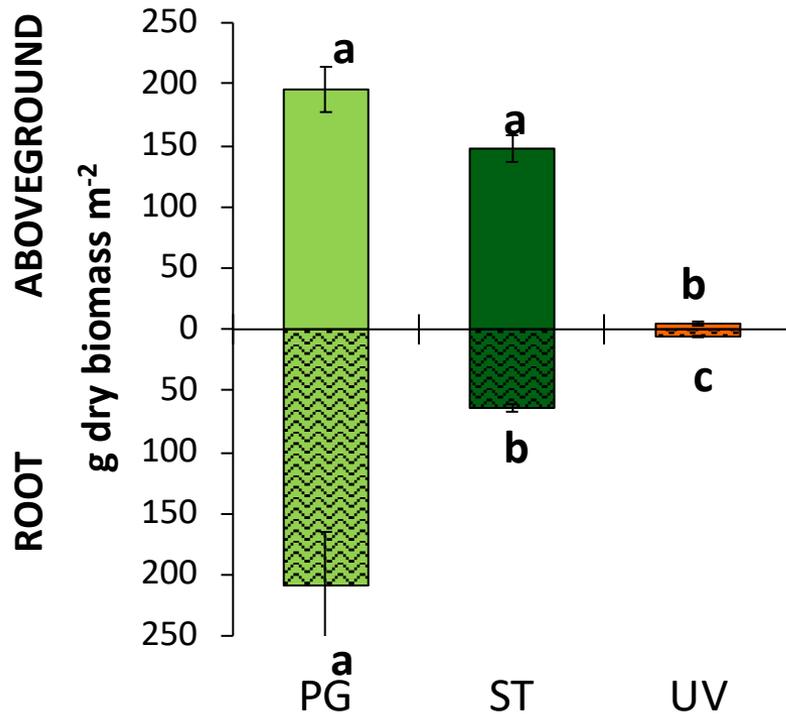
- Microbial biomass C (MBC)
- Microbial biomass N (MBN)
- Microbial respiration
- Potential N mineralization

**PHYSICAL PROPERTIES**

- Aggregate stability
- OM in size fractions

## Vegetation characteristics

### BIOMASS

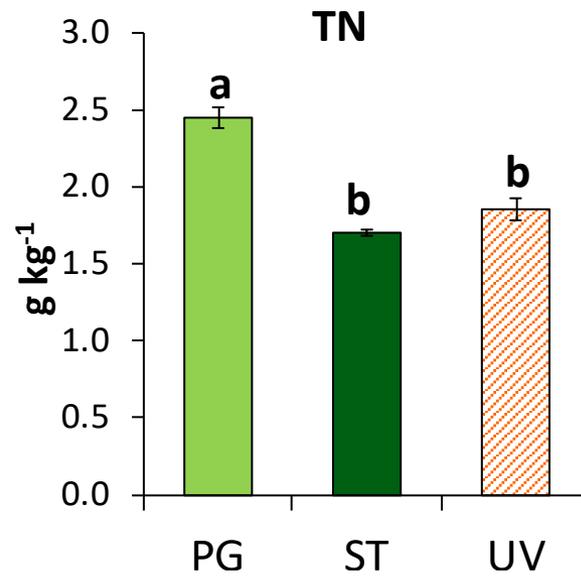
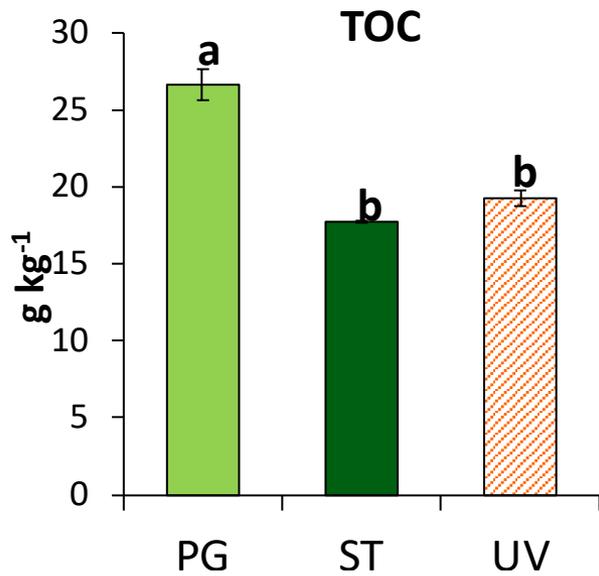


- Differences between PG and ST only in root biomass
- No differences in C/N ratio of plant biomass

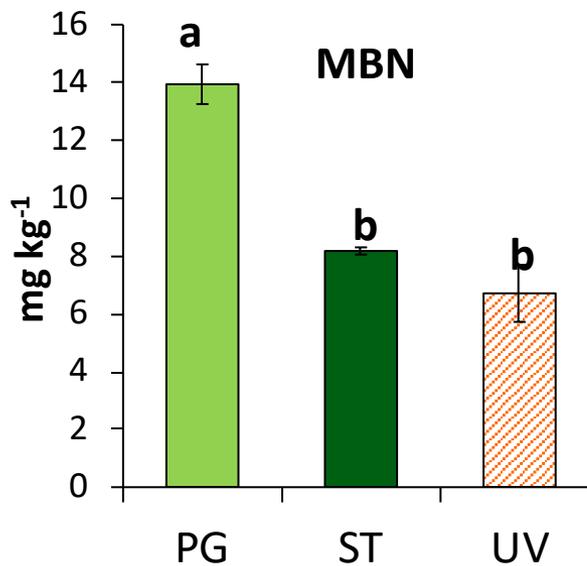
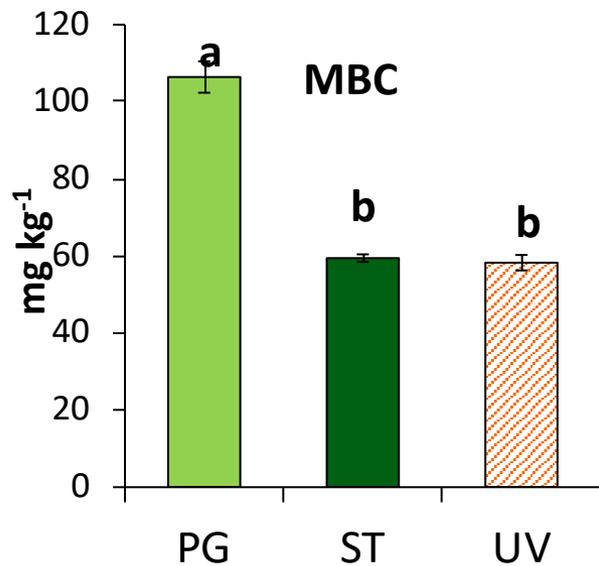
Belmonte et al, in press

- Management practices deeply affect vegetation cover
- Comparable biochemical vegetation composition among treatments
- PG: more developed root systems

## Soil Carbon and Nitrogen Pools

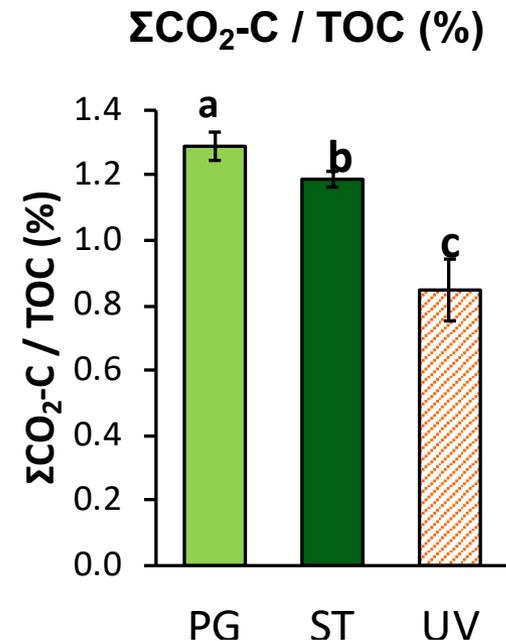
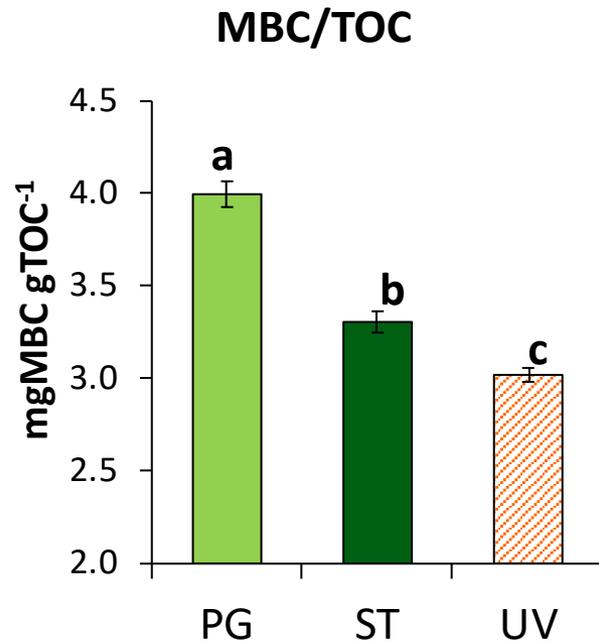


- PG. input led to highest TOC
- ST. Disturbance and input reduction led to lower TOC
- Surprisingly ST = UV



- MBC and MBN do not explain the similar TOC content in ST and UV

## Microbial Respiration reflects differences in substrate availability



Greater substrate availability in PG

PG: fast turnover - plant input stimulates microbial activity and consequent mineralization opposite in ST e UV

UV: reduced substrate use efficiency

## Soil Aggregate stability

